



BIO OLYMPIA MITSOPOULOU

Olympia Mitsopoulou chose a career in coaching because she considers it as a unique vehicle of positive transformation that brings out the best of people within organisations.

She founded Atom Wave in 2002, and along with her associates she has designed and implemented coaching programs for over 100 client organisations internationally. The Atom Wave "Solution Focused Coaching Skills" program for Leaders was shortlisted for the 2014 European and Mentoring Coaching Council Best program award. In 2017, she designed the ICF accredited ACSTH course "Internal Coach Certification" to address the challenges of internal coaching. Olympia considers measuring business impact and ROI of coaching of strategic importance for its future in organisations. She has developed the "Zoom In - Zoom Out™" model for evaluating coaching outcomes, and she has presented her work on ROI of coaching internationally.

Olympia is credentialed PCC coach by the ICF (International Coach Federation), Program Designer and Director of the Atom Wave "Internal Coach Certification" ICF ACSTH program, trained assessor for the European Individual Accreditation and the European Quality Award for the EMCC and has served as one of the judges for the ICF Prism Awards.

Her academic background is in Organisational Psychology (B.A. American College of Greece & M.Sc University of Wales, College of Cardiff).

Olympia is originally from Greece and since 2004 she is based in Lausanne, splitting her working time between Switzerland and Greece.

When not working, you will find Olympia skiing mountains or water, repurposing furniture or spending time with good friends and family.

STUDIES

- Master of Science in Occupational Psychology University of Cardiff - UK.
- Bachelor in Psychology, The American College of Greece, Athens - Greece

PROFESSIONAL QUALIFICATIONS COACHING – MENTORING - FACILITATION:

- Instructional designer and Program Director of Atom Wave ACSTH accredited program – INTERNAL COACH CERTIFICATION
- Professional Certified Coach – PCC (ICF - International Coach Federation), 2007
- Assessor for the European Quality Award (EMCC - European Mentoring & Coaching Council) and the European Individual Accreditation
- Diploma in Brief Coaching - Solution Surfers, 2009-2010
- Certificate in Conscious Business Coaching – AXIALENT 2010
- Certificate of Professional Coach (Core Essentials Coaching Skills Program - Coach U, UK, 2006)
- Certificate in Solution Focused Team Coaching (Solutions Surfers. 2008)
- Mentoring Programs Design and Implementation - Corporate Mentoring Solutions Inc., 2002)
- Facilitation training (2013-2016) with Bright Green Academy
- Systemic Constellations (John Whittington, CH)

- Micro-Constellations (Solution Surfers – RO)
- SCOAP – The Neuroscience of Brain (Brain Academy, CH)
- Amorah Ross – Brush up Competencies training

PSYCHOMETRICS & 360 Assessments:

- Certified Assessor of Assessment and Development Centers (A&DC)
- Certified Analyst and Trainer for DISC
- Certified user of SHL OPQ (Occupational Personality Questionnaire)
- Certified analyst of Leadership Styles Inventory (LSI – 360)
- Experienced 360 feedback debriefing for: CUBIKS, Linkage 360, Human Synergistics LSI and multiple other in-company 360 inventories.

CONFERENCES

- **ROI of TTT in Coaching, Training and Development Conference**, 2008 - Athens Greece
- **Success factors and ROI of a Solution Focused Train the Trainer program on Coaching Skills**, EMCC 20th Annual Conference , 2013
- **Solution Focused Coaching and ROI**, HR in ACTION – Athens, 2014
- **Measuring the Effectiveness of a Solution Focused Coaching Development Program**, SOLWorld 2014 – Stockholm,
- **How Coaching health professionals can contribute to decrease hospital infections**, 4th Postgraduate Course of the Hellenic Microbiology Society on Hospital Infection Control, 2015
- **Internal Coaching ROI: Case Study**, EMCC 24th Annual Conference , 2017