

Olympia MITSOPOULOU

Atom-Wave Founder / Program Director

Occupational Psychologist, Certified Coach & Solution Focused Facilitator

Olympia Mitsopoulou, executive coach, facilitator and founder of Atom Wave. Olympia's expertise is in developing practical business-led coaching programs through using the Solution Focus as a cutting edge approach for business results.

In her 25+ year career, Olympia has developed and implemented coaching and mentoring programs for over 400 client corporations internationally. As a coach Olympia has logged 1500+ coaching hours and has trained 15.000+ managers in Europe, the US and Asia. Olympia has worked with companies like **AB (Ahold), Alpha Bank, AXA, Coca Cola HBC, ELPE, Eurobank, IKEA, Intersport, Imerys (S&B), Lafarge Beton, Loreal, Mondelez, Papastratos, Philip Morris Int'l, Praktiker, Sanofi Aventis, Schneider, Tasty (Pepsi).**

Prior to founding Atom Wave (previously HumansToGo) in 2002, Olympia was Co-founder and Senior Partner of a leading consulting firm with subsidiaries in Greece, Romania, Serbia and Cyprus, leading the Strategic Training and HR Development services.

Having lived and worked in Greece, the UK, and the US she is now based in Lausanne, Switzerland and since 2004 she splits her time between working in Switzerland and Greece. With a particular passion for the Solution Focus approach, she is the producer of the viral educational video Turning Problems into Solutions and research on the ROI of SF coaching .

Olympia is the mother of a 12 year old digital native and wife of a corporate native. When she's not working with clients, you'll find Olympia with her family, skiing water or mountains, hand crafting, traveling and enjoying time with family and good friends.

Professional Training & Qualifications

- Associate Certified Coach – ACC (International Coach Federation)
- Certified assessor for the European Quality Award & European Individual Accreditation - (European Mentoring & Coaching Council/EMCC)
- Certified in Brief Coaching (Solution Surfers, CH)
- Certified in Conscious Business Coaching (Axialent, US)
- Coach U (Core Essentials Coaching Skills Graduate - Coach U, UK)
- Trained in Corporate Mentoring Solutions (CMSI, Ca)
- Solution Focused Team Coaching (Solutions Surfers, CH)
- GROW for Performance with John Whitmore in CH
- Systemic Constellations (John Whittington, CH)
- Micro-Constellations (Solution Surfers – RO)
- SCOAP – The Neuroscience of Brain (Brain Academy, CH)
- Team Facilitation (Bright Green Learning Academy, CH)

Studies

- Master of Science in Applied Occupational Psychology. University of Wales, College of Cardiff, UK.
- Bachelor of Arts in Psychology Deree College, Athens.

